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48 Easy No-Bake Protein Bar Recipes in DIY Protein Bars ...

The DIY Protein Bars Cookbook is a collection of 48 healthy

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no-bake protein bars recipes to satisfy your sweet tooth! They're so tasty and good for you, you ' ll never go back to the store-bought stuff again. The recipes are (or can easily be made) gluten-free, dairy-free, soy-free, and vegan. Every recipe is all-natural (unlike most store-bought protein bars) and comes with a nutrition label so you can see the macros (calories, fat, carbs, protein, etc.) of each serving.

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DIY Protein Bars Cookbook: Easy, Healthy, Homemade No-Bake ...

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DIY Protein Bars: 30 Easy Homemade - Protein Bar Recipes ...  
Instructions: Place all ingredients except the cereal in a food processor and blend to desired consistency. Move mixture to a bowl and... Form 1-ounce balls and store in refrigerator or freezer in wax paper.

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11 Healthy Protein Bar Recipes to Announce the DIY Protein Bars Cookbook! 1. Chocolate Fudge Protein Bars. These are

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Line a 9x11-inch baking pan with parchment paper, leaving a 2-inch overhang on two sides. Step 2 Place peanut butter, protein powder, and honey in a large bowl; mix with a wooden spoon to combine. Add goji berries, flax seeds, and oats, stirring well to combine.

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The DIY Protein Bars Cookbook is a collection of 48 healthy no-bake protein bars recipes to satisfy your sweet tooth! They're so tasty and good for you, you'll never go back to the store-bought stuff again.

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Healthy Desserts and Sugar-Free Dessert Recipes | Desserts ...

128g (½ cup) Roasted Almond Butter or Natural Peanut

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Butter. 1 cup 2 tbs Unsweetened Vanilla Almond Milk (or milk/nondairy milk of choice) 1 tsp Vanilla Crème-Flavored Stevia Extract. 168g (1¼ cups, lightly packed) Chocolate Brown Rice Protein Powder \*\*. 80g ( ¼ cup) Oat Flour.

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