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The Encyclopedia of Essential Oils gives detailed information

on the most commonly available and widely used flower oils

and aromatics including: the exact origins, synonyms, and

related plants; methods of extraction; the herbal/folk tradition

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The Encyclopedia of Essential Oils: The Complete Guide to ... This is one of the bestselling aromatherapy books of all time with vital information on plant origins, medical herbalism and the properties and actions of herbs and essential oils. It covers 165 oils, their actions, characteristics, principal constituents and folk traditions and is a must for experienced aromatherapists and beginners alike.

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Essential oils are the fragrant oils that are present in many plants. Hundreds of plants yield essential oils that are used as perfumes, food flavorings, medicines, and as fragrant and antiseptic additives in many common products. Essential oils have been used for thousands of years.

Essential Oils | Encyclopedia.com

The updated edition of The Encyclopedia Of Essential Oils by Julia Lawless is an outstanding reference that covers 182 essential oils. It is suitable for beginners and as a reference for more advanced aromatherapy students, practitioners and professionals. The highlights of this book include the following: An Introduction to Aromatics

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Essential oils are volatile and liquid aroma compounds from natural sources, usually plants. They are not oils in a strict sense, but often share with oils a poor solubility in water. Essential oils often have an odor and are therefore used in food flavoring and perfumery.

List of essential oils - Wikipedia

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Essential oil, highly volatile substance isolated by a physical process from an odoriferous plant of a single botanical species. The oil bears the name of the plant from which it is derived; for example, rose oil or peppermint oil. Such oils were called essential because they were thought to

Essential oil | plant substance | Britannica

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Lavandula (common name lavender) is a genus of 47 known species of flowering plants in the mint family, Lamiaceae. It is native to the Old World and is found in Cape Verde and the Canary Islands, and from Europe across to northern and eastern Africa, the Mediterranean, southwest Asia to southeast India.. Many members of the genus are cultivated extensively in temperate climates as ornamental ...

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